

Bible Truths for Seventh-Day Adventist Friends

“The Lord has given us a divine directory by which we may know his will. . . . [H]e who is guided by the Holy Spirit . . . searches the Scriptures with eager earnestness, and seeks for light and knowledge to guide him” (Ellen White, *Signs of the Times*, August 14, 1893). Mrs. White correctly said that it is extremely important to study the Bible that we may know the Lord’s will. The Bible, the perfect Word of God, promises that “ye may know that ye have eternal life” (1 Jn 5:13) and are in fellowship with God. You need to know four things:

1.) YOU ARE A SINNER

God’s standard is “Be ye therefore perfect, even as your Father which is in heaven is perfect” (Mt 5:48), but you have fallen miserably short of His holy glory. “For all have sinned, and come short of the glory of God” (Ro 3:23). You sinned in the first man, Adam, for “by [his] disobedience many were made sinners” (Ro 5:19). Furthermore, you were born with a totally depraved sinful nature, with a “heart [that] is deceitful above all things, and desperately wicked” (Jer 17:9). When God looks at you and the rest of the race, He sees that “the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually” (Ge 6:5). You can say, “Behold, I was shapen in iniquity; and in sin did my mother conceive me” (Ps 51:5). In fact, your nature, will, desires, and all else are so corrupted by sin that God views you as utterly unrighteous; apart from a supernatural work of God’s Spirit, you will never even seek after God: “There is none righteous, no, not one: there is none that understandeth, there is none that seeketh after God. They are all gone out of the way, they are together become unprofitable; there is none that doeth good, no, not one” (Ro 3:10-12; Jn 6:44). Your corrupt nature makes you “as an unclean thing, and all [your] righteousnesses are as filthy rags” (Is 64:6)—not only are your sins abominable to God, but your sin nature corrupts even your “righteousnesses,” so that even the best things you have ever done fall far short of God’s standard of sinless perfection! It only takes one sin to keep you out of God’s presence: “For whosoever shall keep the whole law, and yet offend in one point, he is guilty of all” (Jam 2:10), but you have committed numberless sins, every one of which is written down in God’s books (Rev 20:11-15). The Lord Jesus Christ said that unjust anger is murder (Mt 5:21-22), and a lustful thought is adultery (Mt 5:27-28), so you are a murderer and an adulterer. You have lied (Pr 6:16), been proud (Pr 6:16-19), bitter (Ro 3:14), unthankful (2 Tim 3:2), covetous (2 Tim 3:2), and hypocritical (Is 33:14). You have broken the greatest commandment of all, “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind” (Mt 22:37). Indeed, until you are born again, you “cannot please God” (Ro 8:8) in any way, but are “defiled and unbelieving” with “nothing pure; but even [your] mind and conscience is defiled” (Tit 1:15). This very moment, “the wrath of God abideth” on you (Jn 3:36). You are “condemned already” (Jn 3:18). You “have sinned against the LORD: and be sure your sin will find you out” (Num 32:23).

2.) YOU DESERVE A PENALTY FOR SIN

The Bible says that “as many as are of the works of the law are under the curse: for it is written, Cursed is every one that continueth not in all things which are written in the book of the law to do them” (Gal 3:10). You have not continually and perfectly obeyed all of God’s law, so you are cursed. Since “the wages of sin is death” (Ro 6:23), you are subject to both physical death, the separation of the soul and spirit from the body (Heb 9:27), and to spiritual death, the separation of a person from God. You are currently “dead in trespasses and sins” (Eph 2:1), your “damnation is just” (Ro 3:8), and you are consequently headed for the second death, eternal separation from God in the lake of fire: “This is the second death. And whosoever was not found written in the book of life was cast into the lake of fire” (Rev 20:14-15). In the lake of fire you “shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and [you] shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: and the smoke of [your] torment ascendeth up for ever and ever: and [you will] have no rest day nor night” (Rev 14:10-11). The question arises: “How can ye escape the damnation of hell?” (Mt 23:33).

3. JESUS DIED FOR YOU

Jesus Christ is “God manifest in the flesh” (1 Tim 3:16). The Son of God, who existed from eternity past with the Father and the Holy Spirit, the three eternal Persons of the one and only true God (1 Jn 5:7), took to Himself a sinless human nature, so that, although He was still 100% God, He became 100% Man as well. He lived a perfectly holy life and then died on the cross, where His Father “made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him” (2 Cor 5:21). On the cross, Christ paid the penalty for your sin in full, so that, as He died, He could say “It is finished” (Jn 19:30). He then rose bodily from the grave and ascended to heaven, from whence He will soon return to judge the world. “Christ hath redeemed us from the curse of the law, being made a curse for us” (Gal 3:13). “Christ also hath once suffered for sins, the just for the unjust, that he might bring us to God, being put to death in the flesh, but [made alive] by the Spirit” (1 Pet 3:18). All the sins of the world were placed on the Lord Jesus, who suffered and paid in full the legal penalty demanded. He endured this to forgive all the sins, past, present, and future, of those whom He “washe[s] . . . from [their] sins in his own blood” (Rev 1:5). Christ having suffered and died to pay for their sins as their Substitute, God accounts to them the righteousness of His Son; He views them as if they had no sin debt to pay, no sin nature, had lived a sinless life as Christ did, and were as spotless and holy as the Son of God Himself, for “Christ Jesus . . . is made unto [them] . . . righteousness, and sanctification, and redemption” (1 Cor 1:30); they can say, “the LORD [is] our righteousness” (Jer 33:16; 23:6). They are “justified freely by [God’s] grace through the redemption that is in Christ Jesus” (Rom 3:24). To be “justified” is to be “declared righteous”—it is a judicial act where God pardons the sins of, and accounts and accepts as righteous, all believers, not because of anything worked in them, or done by them, but for Christ’s sake alone, by crediting to them His righteousness. Those who are now “justified by his blood” can have full confidence that

they “shall be saved from wrath through him” (Rom 5:9). Since by “one offering [Christ] hath perfected for ever” those that are washed in His blood (Heb 10:14), there is nothing that you can do to save yourself, or to keep yourself saved. Christ has done it all—“Salvation is of the LORD” (Jon 2:9).

4. YOU MUST BELIEVE IN JESUS CHRIST

To have the Lord Jesus’ blood wash away your sins, you must place your faith in Him. “God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life” (Jn 3:16). Saving faith in Jesus Christ involves:

a.) *Repentance*. “Except ye repent, ye shall all likewise perish” (Lu 13:3). “Repent ye therefore, and be converted, that your sins may be blotted out” (Ac 3:19). “As I live, saith the Lord GOD, I have no pleasure in the death of the wicked; but that the wicked turn from his way and live: turn ye, turn ye from your evil ways; for why will ye die[?]” (Eze 33:11). In repentance, you agree with God that you are as bad as the Bible says you are, that you are headed to hell and deserve it for your sins, and you turn from your sins to submit unconditionally to God as your Lord. Jesus Christ said, “Whosoever will come after me, let him deny himself, and take up his cross, and follow me. For whosoever will save his life [wants to live his own way and will not turn to God’s way] shall lose it [in hell]; but whosoever shall lose his life for my sake and the gospel’s, the same shall save it. For what shall it profit a man, if he shall gain the whole world, and lose his own soul?” (Mark 8:34-36).

b.) *Trust in the Lord Jesus alone to save*. You do not believe on Jesus Christ for salvation if you think that any good deed you have done, are doing, or will do helps save you, or if you believe that any religious ritual, such as baptism or communion, or a religious celebration, such as worshiping on the Sabbath, has a particle to do with the forgiveness of your sins. God’s Word states: “For by grace [undeserved favor] are ye saved through faith; and that not of yourselves: it is the gift of God: not of works, lest any man should boast” (Eph 2:8-9). If salvation is “by grace, then is it no more of works: otherwise grace is no more grace. But if it be of works, then is it no more grace: otherwise work is no more work.” (Rom 11:6). “[T]o him that worketh not, but believeth on [Jesus Christ] that justifieth [declares righteous] the ungodly, his faith is counted for righteousness” (Rom 4:5). “Not by works of righteousness which we have done, but according to his mercy he saved us” (Tit 3:5). You cannot be saved by trying to keep the ten commandments and the rest of the laws in the Bible. No law has ever been given which can give life, for “if there had been a law given which could have given life, verily righteousness should have been by the law. But the scripture hath concluded all under sin, that the promise by faith of Jesus Christ might be given to them that believe” (Gal 3:21-22). Saving faith is also not just mental assent to facts, but trust or dependence upon Christ alone to save. The justified can say, “I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day” (2 Tim 1:12). One who makes law-keeping necessary for salvation may know facts about the Bible and God, as even the devils do (Jam 2:19), but he does not

have that justifying “faith” which gives “glory to God,” for he is not “fully persuaded that, what [God] ha[s] promised, he [is] able also to perform” (Rom 4:20-5:1), since he rejects Christ’s many promises to save every single person who believes. The Lord Jesus said: “Verily, verily, I say unto you, He that believeth on me hath everlasting life” (Jn 6:47; cf. 1:12-13; 3:14-18, 36; 5:24; 6:35, 40; 11:25-26; 20:31; Ac 10:43; 13:39; 16:31; Rom 1:16; 3:22-28; 4:3-5; 9:33; 10:4, 11, etc.). Therefore, salvation is by faith alone. Furthermore, you cannot say that you have always believed in Christ. There must be a specific point in your life where you see yourself as a lost, helpless sinner, you recognize the justice of your eternal damnation, you turn from your sins, and you trust solely in the Lord Jesus for eternal life, and so pass from spiritual death to spiritual life (Eph 2:1-10). You must forsake all confidence in anything other than Jesus Christ, including your supposed goodness, your religious rituals, and your attempts to obey the law and keep the Sabbath. You must place your confidence in the Savior’s blood and righteousness alone.

If you will come to Jesus Christ for salvation, He will keep you saved; no one who has ever truly believed in Him can perish (Rom 8:28-39). The Lord Jesus said, “I give unto [my people] eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father’s hand.” (Jn 10:28-29). This is why, when one trusts in Christ and is born again (Jn 3:3), he can know without a doubt that he has eternal life (1 Jn 5:13)—Christ truly “save[s] them to the uttermost that come unto God by him” (Heb 7:25)!

Once you are saved, then, you are always saved, and not from sin’s penalty of eternal damnation only, but also from sin’s power: “[I]f any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new” (2 Cor 5:21). The Lord Jesus prays both that all who have ever truly believed on Him will be with Him in glory forever and that they will be sanctified through the Word of God (Jn 17:8, 24, 17)—since Christ’s prayers are always answered (Jn 11:42), heaven and holiness are both blessedly certain for the redeemed! Now free from the law and “in Christ,” God’s powerful grace will shatter the dominion of sin in your life and free you to live in true holiness and righteousness. “[S]in shall not have dominion over you: for ye are not under the law, but under grace. . . . Being then made free from sin, ye became the servants of righteousness” (Rom 6:14, 18). Having been “saved through faith . . . not of works,” you are then “created in Christ Jesus unto good works, which God hath before ordained that we should walk in them” (Eph 2:8-10).

You need to receive Jesus Christ immediately to save you from your sin. He promises, “him that cometh to me I will in no wise cast out” (Jn 6:37). Turn to Him right now—tomorrow it may be too late! “Boast not thyself of to morrow; for thou knowest not what a day may bring forth.” (Pr 27:1).

Once you are saved, God will make you into His true worshipper (Jn 4:23). Consequently, you will intensely desire to worship God both as an individual and together with other believers. God commands you to assemble with His church (Heb 10:25)—we therefore should consider what He has said about it, so that we may attend the one He has ordained, not one people have invented. Consider the following truths:

1.) *The true church* recognizes that all 66 books of the Bible were “given by inspiration of God” and are able to make the believer “perfect, throughly furnished unto all good works” (2 Tim 3:16-17). Therefore, no other Divine authority is necessary, including allegedly inspired writings of other people. Since every single word and even letter of the Bible is inspired (1 Cor 2:13; Deut 18:18; Jer 36:2; Ps 12:6-7; Mt 5:18), true churches know they are to live “by every word that proceedeth out of the mouth of God” (Mat 4:4), and not “add unto the word . . . neither . . . diminish ought from it” (Deut 4:2; 12:32).

Furthermore, the inspired writings of the apostles and prophets are the foundation of the Christian church (Eph 2:20). Once the foundation was laid in the prophetic and apostolic writings of the New Testament, “the perfect” canon of Scripture was completed and “prophecies . . . [were] done away” (1 Cor 13:8-13).¹ With the final revelation of God in the New Testament, no more inspired books or true apostles and prophets will come before Jesus Christ returns. Furthermore, all true believers have the Holy Spirit living in them, enabling them to understand the infallible Bible without the aid of any other alleged visions or revelations (1 John 2:27). On the other hand, “many false prophets shall rise, and shall deceive many” (Mt 24:11; 7:15). Consequently, the last chapter of the last book of the Bible gives warning to “every man that heareth the words of the prophecy of this book”: “If any man shall add unto these things, God shall add unto him the plagues that are written in this book: and if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life, and out of the holy city, and from the things which are written in this book” (Rev 22:18-19).

For that matter, even when there were true apostles and prophets before God gave the complete New Testament, there were no women prophetesses or preachers who taught men, for God had ordained: “Let the woman learn in silence with all subjection. But I suffer not a woman to teach, nor to usurp authority over the man, but to be in silence” (1 Tim 2:11-12). “Let your women keep silence in the churches: for it is not permitted unto them to speak; but they are commanded to be under obedience, as also saith the law. And if they will learn any thing, let them ask their husbands at home: for it is a shame for women to speak in the church. What? came the word of God out from you? or came it unto you only? If any man think himself to be a prophet, or spiritual, let him acknowledge that the things that I write unto you are the commandments of the Lord” (1 Cor 14:34-37). Women prophetesses (Ac 21:9) prophesied only to women, not to mixed groups that included men.

Biblical writers of Scripture such as the Apostles also did many miracles to validate their message, from healing those lame or blind from birth to raising the dead (2 Cor 12:12; Mt 10:8; Ac 3:2-11; 9:41; 20:12). Furthermore, it is impossible that the Bible is simply the product of its human writers. Huge numbers of astonishingly specific predictive prophecies, perfectly accurate descriptions of scientific facts unknown in ancient times, absolute historical accuracy as validated by archeology, and many other categories of evidence prove that the Bible must indeed be God’s holy Word.²

¹ See “1 Corinthians 13:8-13 and the Cessation of Miraculous Gifts,” R. Bruce Compton, at <https://faithsaves.net/pentecostal-charismatic/>, for detailed exegetical proof that miraculous gifts ceased with the completion of the New Testament.

² See “Bible Study #1: What is the Bible?” at <https://faithsaves.net/Bible-studies/> and the resources at <https://faithsaves.net/Gods-Word/> for evidence that the Bible is inspired.

Furthermore, all true prophets were 100% accurate in their predictions. Since God cannot lie (Tit 1:2), even one false prophecy proved that a prophet was not speaking God's Word but was from the devil and was worthy of death: "[T]he prophet, which shall presume to speak a word in my name, which I have not commanded him to speak . . . even that prophet shall die. And if thou say in thine heart, How shall we know the word which the LORD hath not spoken? When a prophet speaketh in the name of the LORD, if the thing follow not, nor come to pass, that is the thing which the LORD hath not spoken, but the prophet hath spoken it presumptuously: thou shalt not be afraid of him" (Deut 18:20-22).

Seventh-Day Adventism adds the allegedly inspired and infallible writings of the supposed prophetess Ellen G. White—who prophesied and exerted authority over men to the extent that she founded the SDA religion—to the truly inspired Bible, and thus falls under the curse of Rev 22:18-19 and other passages: "The Holy Ghost is the Author of the Scriptures and of the Spirit of Prophecy [Mrs. White's writings]."³ "Ellen G. White[s] . . . writings . . . are a continuing and authoritative source of truth."⁴ "We believe the revelation and inspiration of both the Bible and Ellen White's writings to be of equal quality. The superintendence of the Holy Spirit was just as careful and through in one case as in the other."⁵ Ellen White's writings cannot simply those of a sincere person with some truth in them and some error—they are either inspired like the Bible, or they are demonic. Mrs. White said: "My work . . . bears the stamp of God or the stamp of the enemy. There is no halfway work in this matter. The Testimonies are of the Spirit of God, or of the devil."⁶

Indeed, Mrs. White even taught at times that her words were more inspired than those in the Bible! She claimed that God gave her specific words but denied that He had inspired the specific words of Scripture: "The Spirit of God works upon my mind and gives me appropriate words with which to express the truth. . . . When writing these precious books, if I hesitated, the very word I wanted to express the idea was given me."⁷ In contrast, "[i]t is not the words of the Bible that are inspired, but the men that were inspired. Inspiration acts not on the man's words or his expressions but on the man himself[.]"⁸ While making high claims for her writings, Mrs. White nevertheless admitted that, concerning "miraculous works" like those of Christ and the Apostles, "we cannot now work in this

³ Ellen White, *Selected Messages*, vol. 3, pg. 30. Note that the quotations below can all be examined in their context through a simple search of the Internet.

⁴ Belief #18, "27 Fundamental Beliefs of Seventh-Day Adventists."

⁵ *Ministry*, October 1981.

⁶ Pg. 667, *Testimonies*, Ellen White, vol. 5.

⁷ *Selected Messages*, Book 3, pg. 51; Letter 90, 1907; *Selected Messages*, Book 3, pgs. 51-52; Letter 265, 1907.

⁸ *Selected Messages* Book 1, pg. 21; Manuscript 24, 1886. Mrs. White also at times placed the Bible above her writings using "greater/lesser light" language; since she is not a true prophet, her claims are sometimes inconsistent. She could put the Bible above, equal to, and beneath her own alleged "inspiration." The SDA denomination makes her writings "the only infallible interpreter of Bible principles" (pg. 1, *Mark of the Beast*, G. A. Irwin, General Conference President) so that they are the "final court of appeal among God's people" (pg. 6, *Adventist Review*, June 3, 1971). Were her writings genuinely the Word of God, they would be equal to the Bible, for there is no such thing as "levels" of inspiration.

way.”⁹ She claimed her writings had the same kind of inspiration as the apostolic books in the New Testament, but she was unable to perform apostolic miracles. Furthermore, there is nothing at all in the vast body of Mrs. White’s writings¹⁰ that can prove her books are the Word of God. The kind of overwhelming evidence that exists for the inspiration of the Bible is simply not present for her books. Early SDA leaders accepted Ms. White’s visions as inspired because neither they nor she were able to understand Scripture’s teaching apart from her visions,¹¹ although such a lack of understanding was tragic evidence that they were without the new birth and the Holy Spirit (1 John 2:27), not that Ms. White’s visions were inspired.

Furthermore, while Mrs. White claimed to be a true prophetess, her “inspired” writings are filled with errors and false prophecies. For example:

i.) Mrs. White predicted in June of 1850 that there were only a few months left before the seven last plagues, a decree that all Saturday-worshippers be put to death, and the end of the world: “In . . . June 27, 1850, my accompanying angel said . . . the seven last plagues were soon to be poured out . . . the inhabitants of the world would . . . suffer from incurable sores and withering plagues . . . and . . . be destroyed by them. Terror seized me[.] . . . Some of us have had time to get the truth . . . but now time is almost finished, and what we have been years learning, they [new SDAs] will have to learn in a few months. . . . Those who would not receive the mark of the beast and his image when the decree goes forth, must have decision.”¹²

ii.) After this prophecy failed, she predicted that some people alive at a conference in 1856 would live until translated to heaven at the coming of Jesus: “I was shown the company present at the Conference. Said the angel: ‘Some food for worms, some subjects of the seven last plagues, some will be alive and remain upon the earth to be translated at the coming of Jesus.’”¹³ This prophecy failed also.

⁹ See pg. 169, *Last Day Events*, Ellen White.

¹⁰ Mrs. White’s allegedly inspired writings total over 100,000 pages. A typical Bible has around 1,000 pages. How reasonable is it to think that God would give countless incredible proofs that the Bible is His Word, but then, after millennia during which the Bible was His complete, final, and totally sufficient Word, suddenly inspire a new set of writings that are 100 times as large as the entire Scripture and not give any proofs that are in the least comparable to those He gave for what is supposedly only 1% of His revelation?

¹¹ Mrs. White testified: “My mind was locked . . . and I could not comprehend the meaning of the scriptures . . . when not in vision, I could not understand these matters” (Chapter 25, *Selected Messages*, vol. 1, Ellen White).

¹² Pgs. 64-67, *Early Writings*, Ellen White. Mrs. White believed the “mark of the beast” is worshipping on the first day of the week, and the “decree” was a law that would put all who worship on Saturday to death. See the passage above in *Early Writings* and section #13 below.

¹³ Pgs. 131-132, *Testimonies for the Church*, vol. 1, Ellen White. Note also that Mrs. White’s vision contradicted the declaration of Jesus Christ that angels do not know the time of the second coming (Mt 24:36). Therefore, since Mrs. White’s accompanying angel told her Christ was going to return in the 1800s, he was not an angel of God, but a fallen angel. Also, despite the strict warnings of Scripture (Dt 18:11), Mrs. White communicated with the dead in her “revelations”—or at least with fallen angels impersonating the dead—and claimed that what the dead told her was guidance from the Lord. She told a particular dead person, “[Y]ou are always to stay with me now and we will work together,” so that she could have the help of the dead from that time forward (Letter 17, 1881 Ellen White to W. C. White (9/12/1881), pgs. 38-40, *Manuscript Releases* vol. 10 & www.ellenwhiteexposed.com/egw61.htm).

iii.) During the Civil War, Mrs. White prophesied that England would declare war on the United States and humble America to the dust, leading to the downfall of the USA. As a result of “the war . . . to preserve the Union . . . [t]his nation will . . . be humbled into the dust. . . . When England does declare war . . . our nation . . . must fall.”¹⁴ The Civil War ended a very long time ago without England ever declaring war on the United States.

iv.) After the Civil War, Mrs. White predicted: “Slavery will again be revived in the Southern States; for the spirit of slavery still lives. Therefore it will not do for those who labor among the colored people to preach the truth as boldly and openly as they would be free to do in other places.”¹⁵ Slavery has been illegal ever since the Civil War and has never been revived. The idea that one needs to be less bold and open in sharing Biblical truth with black people because they are going to be re-enslaved is self-evidently false. This prophecy failed also.

v.) Mrs. White’s writings also contain blatant factual errors. For example, she claimed that the “eating of pork” causes “scrofula, leprosy,”¹⁶ and other fatal diseases, but having some bacon does not cause leprosy or any type of tuberculosis, including scrofula. She taught that after the flood of Noah’s day men and beasts interbred, resulting in certain black and Indian peoples: “Since the flood there has been amalgamation of man and beast, as may be seen in the almost endless varieties of species of animals, and in certain races of men.”¹⁷ The union of man and beast had created “such cases as the wild Bushmen of Africa, some tribes of the Hottentots, and perhaps the Digger Indians of our own country . . . it is impossible to tell just where the human ends and the animal begins.”¹⁸ However, science confirms that it is impossible for men and animals to produce offspring, and the idea that some races of people are part man and part beast is also utterly unbiblical (Ac 17:26).

vi.) Mrs. White also prophesied that Jupiter and Saturn are inhabited by people: “After counting aloud the moons of Jupiter, and soon after those of Saturn, she . . . said, ‘The inhabitants are a tall, majestic people, so unlike the inhabitants of earth. Sin has never entered here.’”¹⁹ There are no tall, majestic people that live on Jupiter or Saturn. The planets are uninhabited and uninhabitable. These are a few of the many false prophecies²⁰ by Mrs. White.

¹⁴ Pgs. 258-260, *Testimonies for the Church*, vol. 1, Ellen White.

¹⁵ MS 22-a, 1895, Ellen White. Mrs. White also predicted that at least some Southern “slave master[s]” would be alive through the “seven last plagues” (pg. 276, *Early Writings*), but everyone, including all the slave masters from before the Civil War, are now dead, while the seven last plagues are still future.

¹⁶ Pg. 146, *Spiritual Gifts*, Ellen White, vol 4a. The point is not whether eating lots of pork or bacon is ideal as a diet, but the plain fact that having some does not cause leprosy or tuberculosis.

¹⁷ Pg. 75, *Spiritual Gifts*, Ellen White, vol. 3.

¹⁸ Pgs. 103-104, *The Visions of Mrs. E. G. White, A Manifestation of Spiritual Gifts According to the Scripture*, Uriah Smith. See <https://www.ellenwhiteexposed.com/critica.htm> for more information.

¹⁹ Mrs. Truesdail’s letter, Jan 27, 1891, on pgs. 212-213, *The Great Second Advent Movement*, J.N. Loughborough (<https://www.historyinfo.net/books/jnlgsam.pdf>). Mrs. White also was in severe error in her prophecy about the number of moons of the two planets. See: <https://www.ellenwhiteexposed.com/criticb.htm>.

²⁰ Many other false prophecies could be listed; for example, Mrs. White prophesied: “I saw that Old Jerusalem would never be built up” (pg. 75, *Early Writings*), but the city of Jerusalem is flourishing and exceedingly built up since the rebirth of Israel in 1948.

vii.) The factual errors in her “prophetic” compositions are unsurprising since vast sections—sometimes up to 90%—of her works were plagiarized, including many portions that she specifically claimed she saw and received from God directly in visions.²¹ She plagiarized many books that were simply the products of fallible men who never dreamed of claiming that their works were inspired—her compositions, then, naturally have errors also. Seventh-Day Adventist historians, leaders, and even Mrs. White’s children²² have been forced to admit (though they have sought to cover up the facts for most of SDA history): “[T]here are serious errors in our authorized books . . . but we let . . . [t]he people and our average ministers . . . go on year after year asserting things we know to be untrue. . . . [W]e are betraying our trust and deceiving the ministers and the people. . . . [W]hat amounts to deception . . . has been practiced in making some of her [Ellen White’s] books.”²³ “Ellen White . . . incorporated . . . the errors of the historians” she plagiarized “into her own text,” so that her works contain “errors in factual matters” as, at times, “virtually every paragraph is a quotation, close paraphrase, or summary” of uninspired writings by others, with the result that “her statements did not agree with the facts of history, science or biblical scholarship . . . Ellen White was not inerrant.”²⁴

2.) The *true church* has always taught the doctrine of the holy Trinity, that the Father, Son, and Holy Spirit are the three eternal Persons of the one true God. The “three that bear record in heaven, the Father, the Word [or Son], and the Holy Ghost . . . are one . . . God” (1 John 5:7-9; Mt 28:19; 2 Cor 13:14; Jn 1:1-3).²⁵ Since knowing the true God is essential for eternal life (Jn 17:3), those who reject the Trinity will be numbered with all other “idolaters . . . in the lake which burneth with fire and brimstone” (Rev 21:8). Alleged “churches” that deny the Trinity worship the devil, not God (cf. 1 Cor 10:20).

Seventh-Day Adventism rejected the Trinity at the time of its founding and for many decades subsequently. “The view of Christ presented in those years by Adventist authors was that there was a time when Christ did not exist[.] . . . In regard to the Holy Spirit, their position was that He was not the third member of the Godhead but the power of God. . . . Two of the principal founders of the Seventh-day Adventist Church, Joseph Bates and James White [the husband of Ellen White] . . . rejected the doctrine of the Trinity . . . prominent Adventists . . . spoke out against the Trinity[.] [stating,] ‘the Trinity . . . is contrary to

²¹ See <https://ellenwhiteexposed.com/rea/sop.htm> & <https://ellenwhiteexposed.com/egw4.htm>.

²² Mrs. White’s son Willie recounted that when his mother told him about her plagiarism, her “selecti[ng] from the writings of others . . . she admonished me not to tell it to others” (pg. 111, *Messenger of the Lord: The Prophetic Ministry of Ellen G. White*, Herbert E. Douglass).

²³ Letter of W. W. Prescott to W. C. White, April 6, 1915. Prescott was the founder of two SDA colleges, the president of three, and an SDA General Conference Vice President. W. C. White was Ellen White’s son. See <https://www.ellenwhiteexposed.com/prescot2.htm>.

²⁴ “Shifting Views of Inspiration: Ellen G. White Studies in the 1970s,” Donald R. McAdams. *Spectrum* 10:4 (March 1980) 27-41. *Spectrum* is the official Journal of the Association of Adventist Forums, and McAdams was the president of a SDA college and a history professor at the SDA Andrews University. His article can be accessed at: <https://www.andrews.edu/library/car/sdapiindex.html>.

²⁵ In 1 Jn 5:7-9, the witness of the three Persons (v. 7) is the witness of the one God (v. 9). To learn more about the Biblical truth of the Trinity, see <https://faithsaves.net/trinitarianism-true-or-false/>.

common sense . . . is contrary to scripture . . . its origin is Pagan and fabulous . . . the Son of God . . . did . . . have a beginning of days . . . [as] the first created being.’ . . . During the early decades of the [SDA] church Ellen White made statements which [were] . . . anti-Trinitarian[.] . . . All [the Seventh-Day Adventist] pioneers, including Ellen White[,] were anti-Trinitarians [originally].”²⁶ During this entire period Ellen White stated that the Seventh Day Adventists “have the truth . . . We know it.”²⁷ Mrs. White, in over 100,000 pages of supposedly “inspired” writing, and during some seventy years of her life as a “prophetess,” while surrounded by scores of SDA leaders who publicly spoke and wrote against the Trinity, never once exposed their heresy as idolatry and blasphemy, but instead publicly endorsed their persons, sermons, and writings. As late as the 1890s she herself still taught that Christ was “made,”²⁸ that He came into existence out of nothing at a particular point. Since the SDA religion and its prophetess worshipped a false god and denied the true Triune God from the time of its founding in 1844 through the end of the 19th century, Adventism cannot be the true church. The true church has never worshipped the devil, and since Mrs. White proclaimed a false god, she is a false prophet (Deut 13:1-5).

3.) The *true church* teaches that God the Father is “a Spirit” (Jn 4:24) who “fill[s] heaven and earth” (Jer 23:24; Ps 139:7-10) as the everywhere-present God. He therefore does not have a body (Lu 24:39).

Seventh-Day Adventism follows Ellen White, who claimed that she “asked Jesus if His Father had a form like Himself. He said He had[.]”²⁹ She also stated that the “Father is all the fullness of the Godhead bodily.”³⁰ The SDA religion commits idolatry when it denies that the Father is an everywhere-present Spirit without a body to affirm instead that He has “features”³¹ and a “personal form” reflected in man’s physical body.³²

4.) The *true church* teaches that Jesus Christ is the eternal God who created and is worshipped by all the angels, including Michael the Archangel. When Christ came into the world, the Father commanded, “let all the angels of God worship him . . . [b]ut unto the Son

²⁶ Pgs. 1-9, “The Doctrine of the Trinity Among Adventists,” Gerhard Pfandel. Silver Spring, MD: Biblical Research Institute, 1999. The Biblical Research Institute is an institution run by and located in the world office of the General Conference of Seventh-Day Adventists.

For detailed and irrefutable evidence about the anti-Trinitarian character of early Adventism, see “Seventh Day Adventism’s Early Anti-Trinitarianism and its Claim to be the Restored True Church,” <https://faithsaves.net/seventh-day-sabbath/>.

²⁷ Ellen White, Letter 18, 1850, to Bro. and Sr. Hastings. Similarly, in 1905, after half a century of SDA rejection of the Trinity, Mrs. White affirmed: “The past fifty years have not dimmed one jot or principle of our faith as we received [it as] . . . certain to us in 1844. . . . Not a word is changed or denied” (pg. 58, *Special Testimonies series ‘B’ #7, December 4, 1905, Ellen White*).

²⁸ *Advent Review and Sabbath Herald*, 7/9/1895, “The Duty of the Minister and the People,” Ellen White.

²⁹ *Early Writings*, pg. 54.

³⁰ Pg. 62, *Special Testimonies*, Series B, #7, Ellen White. Contrast Col 2:9.

³¹ <https://www.sdanet.org/atissue/books/27/27-03.htm>.

³² pg. 98, *Seventh-Day Adventists Believe*, 2008 ed., Pacific Press.

he saith, Thy throne, O God, is for ever and ever” (Heb 1:6, 8). “All things were made by” Christ (Jn 1:3). Since God knows everything, Christ “know[s] all things” (Jn 16:30; 21:17). He knew the details of His death and resurrection beforehand (Jn 18:4) and regularly predicted them (Mt 16:21; Mr 9:9; Jn 2:18-22; 10:18). Michael the Archangel is just “one of the chief” angels (Dan 10:13) who is inferior to the Lord God and did not even dare to rebuke the devil (Jude 9), while Christ has power over all devils (Lu 9:1). Furthermore, the true church teaches that Jesus Christ was always sinless and united to Himself a sinless human nature in the Incarnation. Because Christ was true Man, He could be tempted (Mt 4:1), but because He was true God, He could not have sinned (Jam 1:13), but He is unchangeably “holy, harmless, [and] undefiled” (Heb 7:26; 13:8). Jesus Christ is the eternal God who cannot sin, cannot be annihilated, and cannot be destroyed (Ro 3:5; Rev 1:8). Only this Jesus—the true Jesus of the Bible—can save anyone. Any different “Jesus” is a Satanic deception (2 Cor 11:4).

Seventh-Day Adventism teaches that Jesus Christ is Michael the Archangel. Mrs. White wrote, “Michael [is] Christ your prince[.]”³³ “Michael, or Christ, with the angels that buried Moses, came down from heaven [in the events of Jude 9]. . . . Satan claimed the body of Moses . . . Christ [did not rebuke the devil, but said,] ‘The Lord rebuke thee.’”³⁴ Adventism also teaches, because of its original rejection of the Trinity and the full Deity of Christ, that the Son of God took a sinful human nature, could have committed actual transgressions, could consequently have been subject to God’s wrath, annihilated, and eternally destroyed. Mrs. White taught that while “Satan with his fierce temptations wrung the heart of Jesus” He was ignorant of His resurrection and feared the Father would destroy Him forever: “The Saviour could not see through the portals of the tomb. Hope did not present to Him His coming forth from the grave a conqueror, or tell Him of the Father’s acceptance of the sacrifice. He feared that sin was so offensive to God that Their separation was to be eternal.”³⁵ She also wrote, “Christ . . . took . . . our sinful nature.”³⁶ She said that Jesus “took upon himself fallen, suffering human nature, degraded and defiled by sin.”³⁷ She further claimed that when “God gave His . . . Son . . . [He took] a . . . fearful risk . . . the risk of failure and eternal loss,”³⁸ for “Jesus Christ . . . could have sinned,”³⁹ His own “eternal

33 Pg. 99, *Desire of Ages*, Ellen White.

34 Pg. 58, *Spiritual Gifts*, vol. 4A, Ellen White.

35 Pg. 753, *The Desire of Ages*, Ellen White.

36 Pg. 181, *Medical Ministry*, Ellen G. White. Mountain View, CA: Pacific Press Publishing, 1963.

37 Pg. 394, *Youth’s Instructor*, Dec. 20, 1900, Ellen White.

38 Pg. 49, Chapter 4, *Desire of Ages*, Ellen White.

39 *Letter 8, 1895*, cited from “Ellen G. White Comments,” *Seventh-Day Adventist Bible Commentary*, ed. Francis D. Nichol, et. al., vol. 5, pg. 1128.

existence” was at “stak[e],”⁴⁰ “temptation” was “endangering, as it were, His divine attributes,”⁴¹ and “His Deity could . . . be lost.”⁴²

5.) The *true church* teaches that the Father laid the sins of His people on His Son, who bore and paid for them all on the cross. “Christ also suffered for us . . . his own self bare our sins in his own body on the tree” (1 Pet 2:21-24). “[T]he LORD hath laid on him the iniquity of us all” (Is 53:6). “Behold the Lamb of God, which taketh away the sin of the world” (Jn 1:29). In Christ, believers “have redemption through his blood, even the forgiveness of sins” (Col 1:14).

Seventh-Day Adventism teaches that the sins of God’s people are put on Satan, and Satan takes them away, paying the penalty for sin. Mrs. White wrote, “Satan [is] the author of sin, upon whom the sins of the truly penitent will finally be placed. . . . Christ . . . will place . . . the sins of his people . . . upon Satan, who, in the execution of the judgment, must bear the final penalty.”⁴³ “Satan, bearing the guilt of all the sins . . . [of] God’s people, . . . will at last suffer the full penalty for sin[.] . . . Thus the great plan of redemption will reach its accomplishment[.]”⁴⁴

6.) The *true church* teaches that Christ completed the work of atonement or redemption when He died on the cross, and all believers have had their sins perfectly and forever atoned for by the precious blood of Jesus Christ. Also, based on Christ’s work on the cross, in both the Old and New Testaments the very moment someone trusted in the Messiah his sins were forever blotted out. “I have blotted out, as a thick cloud, thy transgressions, and, as a cloud, thy sins . . . I have redeemed thee” (Is 44:22). “As far as the east is from the west, so far hath he removed our transgressions from us” (Ps 103:12). “[T]hrough the offering of the body of Jesus Christ once for all . . . this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God . . . for by one offering he hath perfected for ever them that are sanctified” (Heb 10:10-14). On the cross, Christ said: “It is finished” (Jn 19:30), because the work of atonement was complete there. All believers “were reconciled to God by the death of his Son” and can testify: “we also joy in God through our Lord Jesus Christ, by whom we have now received the atonement” (Rom 5:10-11). “Jesus Christ . . .

⁴⁰ *The General Conference Bulletin*, December 1, 1895, Ellen White.

⁴¹ *Letter 5, 1900*, Ellen White, in the *Seventh-Day Adventist Bible Commentary*, vol. 7, pg. 926. In line with the confusing and unbiblical terminology of many non-Trinitarian religions, Mrs. White and other early SDA pioneers could affirm that Christ has “divine attributes” and “Deity” but still deny He is as eternal as the Father. The Watchtower Society employs similar language.

⁴² *Signs of the Times*, May 10, 1899, Ellen White. The presence of a conditional clause (“while”) shows that only in certain situations would Christ’s Deity “not be lost.”

⁴³ Pg. 422, *The Great Controversy*, Ellen White. Mrs. White misinterprets Lev 16, where two sacrificial goats typify Christ (just as all the animal sacrifices of the Old Testament picture Jesus Christ; cf. the two birds typifying Christ in Lev 14:1-7). Mrs. White, however, under “inspiration,” teaches that the goat bearing sin in Lev 16 is Satan, although Satan can never bear or atone for sin, and the fact that all sacrificial animals had to be perfect or without blemish (Lev 4:3, 23, 28, 32) pictures a sinless Christ, not a sinless Satan. The redeemed are 100% indebted to Christ for saving them, not partially indebted to Satan for completing the atonement.

⁴⁴ Pgs. 485-486 *The Great Controversy*, Ellen White.

loved us, and washed us from our sins in his own blood” (Rev 1:5), they can say, because they are “redeemed . . . with the precious blood of Christ” (1 Pet 1:18-19). Not just sins of ignorance, but all sin is removed by Christ’s death, for “the blood of Jesus Christ his Son cleanseth us from all sin” (1 Jn 1:7). Immediately after His ascension in the first century, Christ entered “the holiest of all . . . heaven itself,” for He had already “put away sin by the sacrifice of himself . . . by his own blood he entered in once into the holy place, having obtained eternal redemption for us” (Heb 9). Christ’s sinless and pure blood is the perfect purification for sin.

Seventh-Day Adventism teaches that Jesus Christ did not complete the work of atonement on the cross and that His blood has not taken away the sin of believers. In fact, Christ’s blood is supposedly useless to anyone who commits even one willful sin in his entire life—only if every sin in one’s life is committed out of ignorance does he even have hope: “God makes . . . no provision for willful sins.”⁴⁵ Furthermore, supposedly nobody had his sins blotted out until 1844. Christ supposedly did not even initiate the final work of atonement until 1844, and supposedly atonement will not be complete until Satan bears the final penalty for the sins of the world: “[I]n 1844 . . . began the work of . . . blotting out of sins.”⁴⁶ “The blood of Christ . . . was not to cancel the sin . . . it would stand on record in the sanctuary until the final atonement . . . [when] Satan shall suffer the final punishment. Christ’s work for the redemption of men . . . will be closed by the removal of sin from the heavenly sanctuary and the placing of these sins upon Satan, who will bear the final penalty.”⁴⁷ Writing in the 1800s, Ellen White stated: “For eighteen centuries . . . penitent believers[’s] . . . sins still remained upon the books of record. . . . [B]efore Christ’s work for the redemption of men is completed there is [yet] a work of atonement for the removal of sin . . . [only] in 1844 . . . Christ . . . entered . . . the most holy place of the heavenly sanctuary to [begin to] perform the closing work of atonement . . . [w]hen Christ removes the sins of His people from the heavenly sanctuary [at the end of the world] . . . [and] He will place them upon Satan[.] . . . Satan . . . must bear the final penalty.”⁴⁸ In fact, not only did Christ supposedly fail to take care of sin on the cross, but the sickening idea that His precious blood brought sin into

45 *Review and Herald*, May 19, 1903.

46 Pg. 486, *The Great Controversy*, Ellen White.

47 Pgs. 357-358, *Patriarchs and Prophets*, Ellen White.

48 Pgs. 421-422, *The Great Controversy*, Ellen White.

heaven and defiled it is affirmed: “[O]ur sins are, in fact, transferred to the heavenly sanctuary by the blood of Christ.”⁴⁹

7.) The *true church* teaches that Jesus Christ intercedes as High Priest for all of His people (Jn 17:8, 20), guaranteeing their salvation to the uttermost and making their eternal home in heaven certain (Jn 17:24). Christ “is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them” (Heb 7:25), being their “high priest for ever” (Heb 6:20). Nobody can be saved in the sight of the holy God without Jesus Christ as Mediator, for “Jesus saith . . . I am the way, the truth, and the life: no man cometh unto the Father, but by me” (Jn 14:6), and the Bible teaches that “neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved” (Ac 4:12). Only “through him” can “we . . . have access . . . unto the Father” (Eph 2:18).

Seventh Day Adventism teaches: “Those who are living upon the earth when the intercession of Christ shall cease in the sanctuary above are to stand in the sight of a holy God without a mediator.”⁵⁰ “Jesus ceases to plead for man” during “the time of reckoning with His servants.”⁵¹ Faith in Christ and having Him as Mediator is unnecessary, since people in all ages who do not trust in the Lord Jesus and “have never even heard of Christ” can somehow “have done the things the law required.” Despite being “heathen . . . ignorant of the written law of God” and “with no knowledge of . . . His Son Jesus,” as long as they believe in “some power higher than themselves” they can perform enough “works” to become “the children of God” without faith in Christ.⁵²

8.) The *true church* teaches that at the moment one receives eternal life through faith in Christ, God miraculously destroys the dominion of sin (Rom 6:14) and gives all His own a new nature (2 Cor 5:17) but not until heaven is anyone sinless: “[T]here is no man that sinneth not” (1 Ki 8:46). In fact, anyone who thinks he is sinless will be damned: “If we say that we have no sin, we deceive ourselves, and the truth is not in us. . . . If we say that we have not sinned, we make him a liar, and his word is not in us” (1 Jn 1:8, 10). Salvation is

⁴⁹ Pg. 266, *Spirit of Prophecy*, vol. 4, Ellen White. See also pgs. 417-422, 425, 479-487, *The Great Controversy*. Mrs. White’s blasphemous error arises because she confuses the “little horn,” the pagan and wicked king Antiochus IV Epiphanes, with Jesus Christ; consequently, the pollution of the earthly Jewish temple by Antiochus in Daniel 8:8-14 is changed into an alleged pollution of a heavenly sanctuary by Jesus Christ. Dr. Raymond Cottrell, professor at Adventist colleges, associate editor of the official SDA church news magazine, the *Adventist Review*, and prime author of the *Seventh-Day Adventist Bible Commentary*, explains: “The context of Daniel 8:14 attributes the defiling of the sanctuary to the little horn. SDA’s interpretation attributes it to the transfer of confessed sins to the heavenly sanctuary by the priestly ministry of Christ . . . identify[ing] the little horn as Christ” (Raymond Cottrell, quoted from pgs. A-115-116, *Daniel 8:14, The Day of Atonement, and the Investigative Judgment*, Desmond Ford. See also “Does Blood Defile the Tabernacle?” Russell Kelly & “Antiochus IV Epiphanes: Is He the Little Horn?” Dale Ratzlaff. *Proclamation!* (11:2, April-June 2010 & 15:1, Spring 2014).

⁵⁰ Pg. 425, *The Great Controversy*, Ellen White.

⁵¹ Pg. 191, *Testimonies for the Church*, vol. 2, Ellen White.

⁵² Pg. 385, *Christ’s Object Lessons*, Ellen White; pg. 638, *The Desire of Ages*, Ellen White; pgs. 376-378, *Prophets and Kings*, Ellen White.

not by striving to make oneself inwardly perfect but by faith in Jesus Christ, and the sinner is counted perfectly righteous judicially before God because of Christ's righteousness credited to the believer, not because of success in the impossible task of making oneself inwardly perfect (Eph 2:8-9). Christ will supernaturally make His people perfectly holy in heart at His coming, but they will not be inwardly perfect until then. All Christians are judicially righteous (justified) now (Rom 5:1), and the Holy Ghost is transforming them inwardly now (2 Cor 3:18), but they can still all say with the Apostle Paul: "Not as though I had already attained, either were already perfect" (Phil 3:12). Believers can say, "now are we the sons of God," but only "when [Christ] shall appear, we shall be like him" perfectly (1 Jn 3:2).

Seventh-Day Adventism teaches that people can become sinless, and that becoming perfect is essential to salvation. Damnation comes to those who fail to be as inwardly holy on earth as the saints will be in heaven. *Grace* is not defined Biblically as God's free and unmerited favor saving guilty sinners, but "grace" is the ability to do works to make oneself perfect and earn salvation: "As the Son of man was perfect in His life, so His followers are to be perfect in their life."⁵³ "Those only who through faith in Christ obey all of God's commandments will reach the condition of sinlessness in which Adam lived before his transgression."⁵⁴ "The Lord requires no less of the soul now, than He required of Adam in Paradise before he fell—perfect obedience, perfect righteousness."⁵⁵ "[H]uman beings may in this life attain to perfection of character."⁵⁶ "One defect . . . [not] overcome . . . makes the man imperfect, and closes against him the gate of the Holy City. . . . In all the redeemed host not one defect will be seen."⁵⁷ Adventism rejects justification by faith alone apart from works: "[T]hose who claim that their faith alone will save them are trusting to a rope of sand."⁵⁸ The Adventist must make himself perfectly inwardly holy on earth or he will never be saved, because there will be no inward transformation that makes the SDA inwardly perfect when Christ returns—if he has not made himself as holy as a heavenly being now, he will never be saved: "The saint in heaven must first be a saint upon earth. . . . Many are deceiving themselves by thinking the character will be transformed at the coming of Christ; but there will be no conversion of heart at his appearing. Our defects of character must here be repented of, and through the grace of Christ we must overcome them while probation shall last."⁵⁹ "When Christ shall come, He will not change the character of any individual,"⁶⁰ and "God will accept nothing but purity and holiness; one spot, one wrinkle, one defect in the character, will forever debar them from heaven[.]"⁶¹ After all, if one is to

53 Pgs. 311-312, *Desire of Ages*, Ellen White.

54 Manuscript 122, 1901, Ellen White.

55 *Review and Herald*, November 1, 1892, Ellen White.

56 Pg. 531, *Acts of the Apostles*, Ellen White.

57 Pg. 144, *Messages to Young People*, Ellen White.

58 Pg. 289, *The Story of Redemption*, Ellen White.

59 Pg. 314, *Selected Messages*, Book 1, Ellen White.

60 Pg. 429, *Testimonies for the Church*, vol. 4, Ellen White.

61 Pg. 453, *Testimonies for the Church*, vol. 2, Ellen White.

be accepted before a holy God without Christ as mediator, must he not make himself sinless?

9.) The *true church* teaches that sinners are justified by grace alone through repentant faith alone in Christ alone, apart from any works that they have done in the past, are doing in the present, or will do in the future. The very moment one turns from his sin to Christ, he is legally declared perfectly righteous because of Jesus' work, not his own works, and is saved by Christ's merit, not his own merit. Baptism is a good work and an important act of obedience for Christians (Mt 3:15), but since justification is by grace alone through faith alone, one must be in the family of God and be born again before being baptized (Jn 3:1-21).⁶² The perfect holiness required by God is not met by the inward holiness of sinners who have somehow reformed themselves to perfection. It is met by the holiness of Jesus Christ Himself and freely credited to unworthy sinners by their perfectly holy Savior because of His substitutionary work on the cross. Christians possess the unchanging and eternal favor of God from the moment they believe because of the sufficiency of the work of Christ. "He that believeth on the Son hath [present tense] everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him" (Jn 3:36). "Believe on the Lord Jesus Christ, and thou shalt be saved" (Ac 16:31). "[B]y the deeds of the law there shall no flesh be justified [declared just or holy] in [God's] sight: for by the law is the knowledge of sin. But now the righteousness of God without the law is manifested . . . even the righteousness of God which is by faith of Jesus Christ unto all and upon all them that believe: for there is no difference: for all have sinned, and come short of the glory of God; being justified freely by his grace through the redemption that is in Christ Jesus: whom God hath set forth to be a propitiation [an appeasement of God's wrath through His sacrifice] through faith in his blood . . . that he might be just, and the justifier of him which believeth in Jesus. . . . Therefore we conclude that a man is justified by faith without the deeds of the law. . . . Abraham believed God, and it was counted unto him for righteousness. Now to him that worketh is the reward not reckoned of grace, but of debt. But to him that worketh not, but believeth on him that justifieth the ungodly, his faith is counted for righteousness. . . . David also describeth the blessedness of the man, unto whom God imputeth [credits] righteousness without works" (Rom 3:20-28; 4:4-6). Saving grace is not God's helping someone to do works to save himself; rather, for justification, grace and works are opposites: "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: not of works, lest any man should boast" (Eph 2:8-9). "[I]f by grace, then is it no more of works: otherwise grace is no more grace. But if it be of works, then is it no more grace: otherwise work is no more work" (Rom 11:6). Because salvation is received by faith alone in Christ alone, every wrong word, act, unfulfilled duty, and secret sin of believers has been washed away in Jesus' blood, and God swears He will never remember

⁶² For a detailed study and refutation of the damnable heresy that baptism is essential to salvation, please read *Heaven Only For the Baptized? The Gospel of Christ vs. Baptismal Regeneration* at <https://faithsaves.net/baptismal-regeneration/>.

them again: “I, even I, am he that blotteth out thy transgressions for mine own sake, and will not remember thy sins” (Is 43:25).⁶³

Seventh-Day Adventism teaches that in 1844 Christ began an Investigative Judgment through which He would save or condemn Christians based on their works. Even one sin that has not been repented of will bring damnation. “The terms of salvation for every son and daughter of Adam are . . . plainly stated. . . . [T]he condition of gaining eternal life is obedience to the commandments of God.”⁶⁴ “To obey the commandments of God is the only way to obtain His favor . . . eternal salvation.”⁶⁵ “[T]he one way of salvation [is] faith in Christ, and obedience to the law of God.”⁶⁶ “Each one of you needs to . . . [be] working with your might to redeem the failures of your past life . . . to see if you will be found worthy of the gift of eternal life.”⁶⁷ In “the work of investigative judgment . . . [e]very man’s work passes in review before God[.] Opposite each name . . . is entered with terrible exactness every wrong word, every selfish act, every unfulfilled duty, and every secret sin, with every artful dissembling. . . . [T]he lives of all who have believed on Jesus come in review before God. . . . Names are accepted, names are rejected. When any have sins remaining upon the books of record, unrepented of and unforgiven, their names will be blotted out of the book of life. . . . All who have . . . characters . . . in harmony with the law of God . . . will be accounted worthy of eternal life. . . . At the time appointed for the judgment . . . in 1844—began the work of investigation[.] . . . Angels of God witnessed each sin and registered it in the unerring records. . . . Our acts, our words, even our most secret motives, all have their weight in deciding our destiny for weal or woe . . . they will bear their testimony to justify or condemn . . . permit nothing to interfere with th[e] duty to perfect holiness[.]”⁶⁸ Furthermore, Adventism teaches “by baptism . . . we become His people,”⁶⁹ that “we are saved by baptism . . . baptism . . . unites the new believer to Christ . . . [and] marks that person’s entrance into Christ’s spiritual kingdom[.] . . . Baptism [is] the context of being born again.”⁷⁰ Ellen White agreed, teaching that “baptism [is how one] pass[es] the threshold of God’s spiritual kingdom . . . the very entrance of . . . Christian life. . . . Baptism . . . means . . . the entrance upon a new life in Christ Jesus.”⁷¹

10.) The *true church* teaches that God keeps all His people from hell, so that once one is saved, he is always saved. The Father has predetermined that all the justified will be with Him in glory, and nothing can separate them from Christ’s love: “For whom he did

⁶³ For a refutation of the arguments that James 2 & Matthew 19:17 teach salvation by faith and works, while texts that deny salvation by works allegedly refer only to ceremonial law, see *Heaven Only For the Baptized? The Gospel of Christ vs. Baptismal Regeneration* at <https://faithsaves.net/baptismal-regeneration/>.

⁶⁴ *Review and Herald*, October 26, 1897, Ellen White.

⁶⁵ Pg. 28, *Testimonies for the Church*, vol. 4, Ellen White.

⁶⁶ Pg. 192, *Sketches from the Life of Paul*, Ellen White.

⁶⁷ Pg. 530, *Testimonies for the Church*, vol. 3, Ellen White.

⁶⁸ Pgs. 480-488, *The Great Controversy*, Ellen White.

⁶⁹ *Fundamental Beliefs of the Seventh-Day Adventist Church*, #15.

⁷⁰ Pgs. 181-189, *Seventh-Day Adventists Believe*, Chapter 14, “Baptism,” 1988 ed.

⁷¹ Pgs. 91, 93, *Testimonies for the Church*, vol. 6, Ellen White.

foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren. Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified. . . . Who shall lay any thing to the charge of God’s elect? It is God that justifieth. Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us. Who shall separate us from the love of Christ? . . . For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord” (Rom 8:28-39).⁷² Because they are eternally secure, believers can know that they are saved: “These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life” (1 Jn 5:13). Christians have sweet peace and rest (Mt 11:28-30), because they can say that God their Savior “hath saved us” (2 Tim 1:9), so that “we are saved” (Rom 8:24), and “we shall be saved” (Rom 5:9).

Seventh-Day Adventism teaches that “[t]hose who accept the Saviour, however sincere their conversion, should never be taught to say or to feel that they are saved. This is misleading.”⁷³ “The willful commission of a known sin⁷⁴ . . . separates the soul from God.”⁷⁵ “We are never to rest . . . saying, ‘I am saved.’ . . . No sanctified tongue will be found uttering these words till Christ shall come, and we enter in through the gates into the city of God. . . . As long as man is full of weakness . . . he should never dare to say, ‘I am saved.’”⁷⁶

11.) The *true church* teaches that the Holy Spirit is the seal of God, the blessed “earnest” or down payment in the believer that guarantees that he will receive ultimate salvation, so that once he is saved, he is always saved. Those who do not have the Holy Spirit in them will be lost (Rom 8:9), but those who “trusted in Christ . . . were sealed with that holy Spirit of promise, which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory” (Eph 1:12-14). “And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption” (Eph 4:30). “God . . . hath . . . sealed us, and given the earnest of the Spirit in our hearts” (2 Cor 1:22).

⁷² For further evidence for the eternal security of the believer, please visit: <https://faithsaves.net/once-saved-always-saved/>.

⁷³ Pg. 155, *Christ’s Object Lessons*, Ellen White.

⁷⁴ Note that the believer’s failure to perfectly obey commands such as Mat 5:48 or Mr 12:30 and the constant battle between the believer’s new nature and indwelling sin (Gal 5:17; Rom 7:14-25) should constantly be acknowledged and recognized as known sin, so that Christians can always pray, as Christ taught them, “forgive us our sins” (Lu 11:4). Indwelling sin is always present, and claiming that one is free from “known sin” is nothing but self-delusion that reduces the believer’s ability to watch, pray, and strive against sin in the strength of the Holy Spirit out of an upright heart (Mt 26:41; Heb 12:4; Rom 8:13; Ps 32:11). Greater holiness does not lead the godly to think that they are now free from known sin, but to greater hatred of and watchfulness against the sin that is still in them (cf. Rom 7:14-8:4; Isa 6:1-8). The Christian-killer Saul of Tarsus was “free from known sin” while persecuting the church (1 Tim 1:13), but the holy Apostle Paul counted such ideas as “dung” because he recognized that he was still a sinner (Phil 3:3-14).

⁷⁵ Pg. 51, *Counsels for the Church*, Ellen White.

⁷⁶ Pg. 314, *Selected Messages*, Book 1, Ellen White.

Seventh Day Adventism teaches that worshipping on Saturday, not the Holy Spirit, is the seal of God. Damnation comes to those who are not sealed by worshipping on Saturday, not to those who are not sealed with the Holy Spirit. “[T]he seal of the living God . . . is the Sabbath.”⁷⁷ “Those who desire to have the seal of God . . . must keep the Sabbath.”⁷⁸ “The . . . seal of God is revealed in the observance of the seventh-day Sabbath. . . . [E]very one who is a child of God will have His seal placed upon him.”⁷⁹ “The soul who keeps the Sabbath is stamped with the sign of God’s government . . . God will never, never allow any man to pass through the pearly gates of the City of God who does not bear . . . His government mark.”⁸⁰

12.) The *true church* teaches that believers are immediately and eternally in the presence of the Lord upon death, while the lost are immediately and eternally separated from God in conscious torment.⁸¹ As soon as believers are “absent from the body” they are “present with the Lord” (2 Cor 5:8); for them death is to “depart, and to be with Christ; which is far better” (Phil 1:23). The godly are currently conscious as a “great cloud of witnesses” (Heb 12:2; 11:1-40), even before their future bodily resurrection (1 Th 4:13-18), because from the moment they trusted in Christ they began to possess eternal life (Jn 6:47), and “life eternal” is to “know . . . the only true God, and Jesus Christ” (Jn 17:3). Just as spiritual *life* is being in fellowship with God, not simply existing, spiritual *death* is not non-existence, but being separated from and out of fellowship with God (Eph 2:1-10). Physical *death* is also not non-existence, but the separation of the soul and spirit from the body (Gen 35:18; Ac 7:59), and the second *death* is not non-existence but being eternally separated from God in the lake of fire. The unsaved are not annihilated, but “dwell with the devouring fire . . . with everlasting burnings” (Is 33:14), “where their worm dieth not, and the fire is not quenched” (Mr 9:44, 46, 48), in “outer darkness: there shall be weeping and gnashing of teeth” (Mt 8:12). They “shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and . . . shall be tormented with fire and brimstone . . . and the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night” (Rev 14:9-11). Thus, the human political and spiritual leaders (the “beast” and the “false prophet”) of the one-world religion and one-world government will be “cast alive into a lake of fire burning with brimstone” when Christ returns, will stay there while Christ rules the earth for “a thousand years,” and “when the thousand years are expired . . . the beast and

⁷⁷ *Present Truth*, January 31, 1849; “To Those Who Are Receiving the Seal of the Living God,” Ellen White, January 1849. Note that Mrs. White, early in her career as a prophetess, said that people were receiving the seal of God right then, but later in life she contradicted her earlier predictions and made the sealing only for the future; compare *Present Truth*, August 1, 1849; Letter 10, 1850, 2SM 263 (sealing going on now) with pg. 605, *Great Controversy* (sealing yet future).

⁷⁸ Pg. 423, *Selected Messages*, vol. 3, Ellen White.

⁷⁹ Pg. 212, *Maranatha!* Ellen White.

⁸⁰ Pg. 123, *Medical Ministry*, Ellen White.

⁸¹ A variety of passages of Scripture are twisted by those who deny immediate, conscious, and eternal bliss for the saved and immediate, conscious, and eternal torment for the lost. For more on this subject, and an examination of the passages that allegedly support “soul-sleep” or annihilationism, visit: <https://faithsaves.net/hell-forever/>.

the false prophet are” still in conscious misery in “the lake of fire and brimstone, where . . . [they] shall be tormented day and night for ever and ever.” This same “lake of fire” is where the unsaved “dead” are cast: “whosoever was not found written in the book of life was cast into the lake of fire . . . which burneth with fire and brimstone: which is the second death” (Rev 19:20-21:8). The Bible is crystal-clear about the sobering reality that people who are in the lake of fire for a thousand years are still experiencing conscious punishment at the end of that period, and that they will be continually tormented “for ever and ever,” the just punishment for their infinite crimes against an infinitely holy God.

Seventh-Day Adventism denies that believers are immediately with the Lord upon their death⁸² and denies that the lost experience eternal conscious torment. Although the New Testament uses the “sleep” metaphor only for the saved dead,⁸³ because only they have entered into everlasting rest with Christ, while the unsaved dead are not in rest but in torment, Adventism teaches “that [every] soul sleeps in the grave until the resurrection . . . the Christian, when he dies, does not go immediately to heaven, nor the sinner to hell . . . the sleep of the dead . . . [and] no . . . eternally burning hell . . . [is] the truth.”⁸⁴ Mrs. White blasphemed God by stating that if He, in His holy justice, makes the lost suffer “eternal torment,” then He is “a revengeful tyrant.”⁸⁵ Rather than following Mrs. White in blaspheming God because of a dislike for the plain teaching of Scripture, SDAs ought to consider the question: “Nay but, O man, who art thou that repliest against God?” (Rom 9:20).

13.) The *true church* recognizes that the church and Israel are two different institutions. Not a single one of the 2,300 references to *Israel* in the Old and New Testaments equate *Israel* with the *church*, while the Jewish people are specifically distinguished from the church as an entirely different entity (1 Cor 10:32). The Sabbath was a special sign for the Jewish

⁸² The SDA false doctrine of annihilationism is tied into a false doctrine of human nature that allows the SDA denomination to support the murder of helpless pre-born infants by abortion. Because the SDA religion affirms that people are body plus breath, so that humans do not have an immaterial spirit that can be separate from the body (contra Heb 12:23; Ac 7:59, etc.), Seventh-Day Adventism teaches that “a new soul comes into existence whenever a child is born” (*Seventh-Day Adventists Believe*, Chapter 7, <https://www.sdanet.org/atissue/books/27/27-07.htm>); supposedly, a baby that has not yet taken its first breath is not truly alive. Ellen White never condemned abortion. While God’s Word affirms that harm to or the death of the preborn should be punished by the State (Ex 21:22-25), the official declarations of the SDA denomination declare that abortion should be legal and nothing should stop a woman from initiating the murder of her baby: “The final decision whether to terminate the pregnancy . . . should be made by the pregnant women . . . any attempts to coerce women . . . to remain pregnant . . . should be rejected” (<https://www.adventist.org/information/official-statements/guidelines/article/go/0/abortion>; also “Abortion in Adventism,” Colleen Tinker, *Proclamation!* 15:2 (Summer 2014) 20-29, <https://www.lifeassuranceministries.org/proclamation/2014/2/abortioninadvent.html>). Adventist doctors and Adventist hospitals have murdered innumerable infants, engaging in this cruel slaughter even before *Roe v. Wade*. Since God’s Word is clear that life begins at conception (Ps 51:5; Jer 1:5), contrary to the SDA false doctrine of human nature that justifies both abortion and annihilationism, SDAs ought to fear because the “wrath of the LORD” is “kindled” against those who “shed innocent blood, even the blood of their sons and daughters” (Ps 106:38-40).

⁸³ Mt 27:52; Jn 11:11; Ac 7:60; 13:36; 1 Cor 15:6, 20; 1 Th 4:13-15, etc.

⁸⁴ Pgs. 39-41, *Christian Experience and Teachings of Ellen G. White*. See also *An Examination of the Scripture Testimony*, “The State of the Dead,” pgs. 45ff.

⁸⁵ Chapter 33, *Great Controversy*, Ellen White.

nation (Ex 31:13, 17). This sign was first made known to Israel after the nation came out of Egypt (Neh 9:13-14; Eze 20:10-12). There is no biblical proof whatsoever that Abel, Noah, Job, Abraham, or any other godly person kept the Sabbath before the days Moses brought Israel out of Egypt. Indeed, Scripture specifically indicates that the covenant which included the Sabbath was not made with the patriarchs, but only with Israel in Moses' day (Deut 5:3, 12-15).

Salvation is not by a sinner's practice of the Sabbath nor of the rest of the ten commandments, but by faith alone in Christ's cross-work (Rom 3:28). The law condemns, not saves, which is why 2 Corinthians 3 explicitly states that what was written on "tables of stone" (v. 3), the ten commandments, were a "ministration of death, written and engraven in stones" (v.7), and are "done away" (v. 7, 11, 14) and "abolished" (v. 13). The New Testament is clear that "the law is not made for a righteous man, but for the lawless and disobedient, for the ungodly and for sinners" (1 Tim 1:9). The law does not empower believers to live holy lives—they are holy because they are led by the Holy Spirit and are free from the law: "If ye be led of the Spirit, ye are not under the law . . . the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance" (Gal 5:18, 23).

Moreover, the NT explicitly states that the Sabbath was a type of the believer's resting from his own works and trusting in Jesus Christ alone for salvation. It contrasts entering into God's rest by faith alone with the failure of the Jews to receive true Sabbath-rest, because they did not rest from their works and trust in the Messiah. People must cease from their works and enter into God's true Sabbath-rest by faith in Christ: "For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it. For we which have believed do enter into rest . . . there remaineth therefore a rest [Gk. *sabbatismos*] to the people of God. For he that is entered into his rest, he also hath ceased from his own works, as God did from his.⁸⁶ Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief" (Heb 4:2, 9-11). According to the New Testament, one who is resting from his works and trusting in Christ has entered the true rest every day of the week, and will enter the future eternal rest with God, while the SDA who is trusting in his Saturday worship and other works of the law to help earn or maintain salvation is actually rejecting the true rest Christ has purchased for His people!⁸⁷

Because the Sabbath was a type or shadow fulfilled by Jesus Christ (Gal 4:4-10), the New Testament indicates that churches were no longer keeping it, and they were not to let

⁸⁶ Note the reference back to Genesis 2:2-3. God's resting in Genesis (an event not written down, as far as we know, until Moses' day), pointed forward to the coming salvation-rest in Christ. What is more, when SDAs argue that the seventh-day Sabbath is a creation ordinance and is therefore binding on the church, they miss the fact that the church is not an institution that pertains to this world and the old creation, but to the new creation, the New Jerusalem and the world to come (cf. Col 3:10; 2 Cor 5:17; Rev 21:1; Tit 3:5 & Mt 19:28). For more on Genesis 2, the Decalogue, and the Sabbath, see "Genesis 2 and the Decalogue: Proof that a Saturday Sabbath is Required of the Church in the New Testament?" at <https://faithsaves.net/seventh-day-sabbath/>.

⁸⁷ For more information on the teaching of Hebrews 3-4 and the Saturday Sabbath, please read "Does Hebrews 4:9 Establish that New Testament Churches Need to Worship on Saturday?" at <https://faithsaves.net/seventh-day-sabbath/>.

anyone judge them for not doing so: “Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days: which are a shadow of things to come; but the body is of Christ” (Col 2:16-17).⁸⁸ If a Jewish convert to Christianity wished to continue to celebrate the Sabbath, the Passover, or any other Jewish festival day in his home, or wished to obey the Jewish dietary laws,⁸⁹ that was tolerable, because salvation is by grace through faith alone, not by Sabbath-observance, or any other works. However, none of the Jewish festivals is binding in any way on the Christian: “One man esteemeth one day above another: another esteemeth every day alike. Let every man be fully persuaded in his own mind. He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks” (Rom 14:5-6).

Since the Sabbath is fulfilled in Christ and done away, it is not surprising that the principles of the other nine commandments are repeated in specific statements to New Testament churches, but the Sabbath is not.⁹⁰ Nor is it surprising that there are no examples in the New Testament anywhere of churches meeting for worship specifically on Saturday.⁹¹ On occasion churches would meet every day of the week (Ac 2:47), but apart from such special events, every single example in the New Testament for church worship was on the first day of the week (Mt 28:8-10; Mr 16:1-2, 10-11; Lu 24:33-34; Jn 20:19-26; Ac 2; 20:7; 1 Cor 16:2). “[T]he first day of the week” was “when the disciples came together to break bread” in the Lord’s Supper (Ac 20:7)⁹² and when the churches in different areas assembled

⁸⁸ For further proof that this passage specifically indicates that the Saturday Sabbath was fulfilled in Christ, see “Colossians 2:16-17: The Sabbath Fulfilled in Christ” at <https://faithsaves.net/seventh-day-sabbath/>.

⁸⁹ Note that Mrs. White taught that vegetarianism helps to bring salvation: “Among those who are waiting for the coming of the Lord . . . flesh will cease to form a part of their diet . . . Those who have received instruction regarding the evils of the use of flesh foods, tea, and coffee . . . will not continue to indulge their appetite . . . a work that will have to be done before His people can stand before Him a perfected people. . . . [M]eat eating . . . endanger[s] the physical, mental, and spiritual health. . . . Even milk will have to be discarded” (pgs. 380-384, *Counsels on Diet and Foods*, Ellen White). In contrast, God’s Word teaches that being a vegetarian or eating flesh is not a spiritual issue: “But meat commendeth us not to God: for neither, if we eat, are we the better; neither, if we eat not, are we the worse” (1 Cor 8:6). Indeed, the spiritually “weak eateth herbs [vegetables]” only and thinks that his diet assists him in drawing closer to God (Rom 14:2; cf. 1 Cor 10:25; 1Ti 4:4; Tit 1:15; Heb 9:10, 13:9).

⁹⁰ 1st Commandment (1 Tim 2:5); 2nd (1 Cor 10:7); 3rd (Jam 5:12); 4th (*nowhere*); 5th (Eph 6:2); 6th (1 Jn 3:15); 7th (Heb 13:4); 8th (Eph 4:28); 9th (Col 3:9); 10th (Eph 5:3).

⁹¹ Indeed, the fact that Paul and his company regularly took the opportunity on the Sabbath to go to the synagogues to evangelize unbelieving Jews and Gentiles there (Ac 13:13-14, 44; 16:13; 17:2; 18:4) shows that the churches did not meet on Saturday. Godly leaders in the apostolic churches did not skip church week after week to go to synagogues instead. They evangelized in the synagogues on Saturday and assembled for Christian worship on the first day of the week.

⁹² For further examination of Acts 20:7, see “Acts 20:7 and Worship on the First Day of the Week” at <https://faithsaves.net/seventh-day-sabbath/>.

week by week and took up the monetary “collection” (1 Cor 16:1-2),⁹³ because the first day of the week, when Christ rose from the grave (Mr 16:9), is the “Lord’s day” (Rev 1:10).⁹⁴

The idea that the Pope, using the force of the Roman government, changed the Sabbath from Saturday to Sunday at some point after the union of Catholicism with the State, is completely impossible historically. Bible-believing churches do not say that the first day of the week is the Sabbath, but that the Sabbath is fulfilled in Christ, and they reject the Pope and his many abominations.⁹⁵ Consider the following representative testimony of the very earliest documents of Christian history, written almost immediately after the completion of the NT:

[T]hose who had lived in antiquated practices came to newness of hope, no longer keeping the Sabbath but living in accordance with the Lord’s day, on which our life also arose through him and his death . . . At the dawning of the Lord’s day He arose from the dead. (c. A. D. 107)⁹⁶

And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the prophets are read . . . then, when the reader has ceased, the president verbally instructs, and exhorts to the imitation of these good things. Then we all rise together and pray, and, as we before said, when our prayer is ended, bread and wine . . . are brought, and the president in like manner offers prayers and thanksgivings, according to his ability, and the people assent, saying Amen; and there is a distribution to each, and a participation of that over which thanks have been given. . . . Sunday is the day on which we all hold our common assembly, because . . . Jesus Christ our Saviour on the same day rose from the dead. (c. A. D. 140)⁹⁷

There were no Popes in A. D. 107, or for centuries afterwards. The pagan Roman government was not conspiring with Popes that did not exist to set up a Roman Catholic church-state with some sort of compulsory Sunday worship. Such ideas are myths, not history.

Seventh-Day Adventism obtained its Saturday worship from the “inspired” visions of Mrs. White, who testified that the fourth commandment was more important than the rest of the ten commandments, and that the pope had changed the Sabbath from Saturday to the first day of the week. She wrote: “I saw . . . the ten commandments . . . the fourth, the Sabbath commandment . . . shone brighter . . . shone above them all . . . a halo of glory was all around it. . . . I saw that . . . the pope had changed it from the seventh to the first day of the week.”⁹⁸ “The pope has changed the day of rest from the seventh to the first day. . . . He has

⁹³ For further examination of 1 Cor 16:1-2, see “1 Corinthians 16:2 and Church on the First Day of the Week” at <https://faithsaves.net/seventh-day-sabbath/>.

⁹⁴ Considering “every ecclesiastical writer for the first five centuries . . . *sabbaton* [Sabbath] is never used by them for the first day, [and] *Kuriake* [the Lord’s Day] is never used by them for the seventh day” (pg. 505, *Cyclopedia of Biblical, Theological, and Ecclesiastical Literature*, John McClintock & James Strong, vol. 5).

⁹⁵ For an examination of the fearful errors of Roman Catholicism, see “Bible Truths for Catholic Friends” at <https://faithsaves.net/catholic/>.

⁹⁶ *Epistle of Ignatius to the Magnesians* 9:1 & *Epistle to the Trallians*, ch. 9.

⁹⁷ *Apology* I:67, Justin Martyr.

⁹⁸ Pg. 32, *Early Writings*, Ellen White.

thought to change the greatest commandment in the Decalogue.”⁹⁹ The Pope supposedly brought about this change “[i]n the early part of the fourth century [after] the emperor Constantine issued a decree making Sunday a public festival throughout the Roman Empire. . . . The observance of Sunday . . . [is] a child of the papacy . . . [i]n the first centuries the true Sabbath had been kept by all Christians.”¹⁰⁰ Mrs. White’s visions explain why the SDA denomination practices Saturday worship: “In . . . vision . . . [t]here was also shown her the change of the Sabbath, the significance of Sabbath, the significance of Sabbath observance, the work before them [the SDAs] in proclaiming the Sabbath truth . . . [and] its importance and its place in the third angel’s message[.]”¹⁰¹ . . . Thus were confirmed by revelation . . . direct revelation . . . the conclusions in regard to the Sabbath[.]”¹⁰² Indeed, Mrs. White taught that one’s salvation or eternal damnation depends not on Christ alone, but on what day of the week he goes to church: “Is the observance of the Sabbath necessary to my salvation? . . . If they have light upon the Sabbath, they cannot be saved in rejecting that light.”¹⁰³ Indeed, worshipping on the Lord’s Day instead of the Sabbath is supposedly the mark of the Beast: “[T]he seal of God is . . . the seventh-day Sabbath[.] . . . The mark of the beast is the opposite of this—the observance of the first day of the week.”¹⁰⁴ “Of all who receive this mark, God says, ‘The same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone.’”¹⁰⁵

14.) The *true church* has existed from the first century until today, since Christ promised: “I will build my church; and the gates of hell shall not prevail against it” (Mt 16:18), and “Io, I am with you alway, even unto the end of the world” (Mt 28:20). God would get “glory in the church by Christ Jesus throughout all ages, world without end” (Eph 3:21). Because of

⁹⁹ Pg. 65, *Early Writings*, Ellen White. Mrs. White and the SDA denomination are very reluctant to answer the questions: “Which Pope changed the Sabbath? What was his name, what year did he do this, and where is his decree doing so?” Such questions cannot be answered effectively because Christians worshipped on the first day of the week from the very beginning, far, far before there were any Popes. Consequently, statements about what “the [unnamed] Pope” did in supposedly changing the Sabbath must be left vague.

¹⁰⁰ Pgs. 52-53, *The Great Controversy*, Ellen White.

¹⁰¹ According to the SDA denomination, Revelation 14:9-12 does not mean exactly what it says, but rather “the third angel . . . represents the people who receive th[e] message . . . [of] embrac[ing] the Sabbath” (pg. 77, *Testimonies*, vol. 1, Ellen White). Ellen White taught that to “keep the commandments of God” in Revelation 14:12 refers to the Ten Commandments, in particular to “keeping holy His Sabbath—the seventh-day to be kept holy” (pg. 233, *Evangelism*, Ellen G. White). However, the Apostle John never even once uses the Greek word *entole*, translated “commandments” in Revelation 14:12, of anything in the Old Testament—on the contrary, New Testament commandments are always in view (Jn 10:18; 11:57; 12:49, 50; 13:34; 14:15, 21; 15:10, 12; 1 Jn 2:3-4, 7-8; 3:22-24; 4:21; 5:2-3; 2 Jn 4:5-6; Rev 12:17; 14:12; 22:14). When John wanted to speak of Old Testament law, he used the Greek word *nomos*, not *entole* (John 1:17, 45; 7:19, 23, 49, 51; 8:5, 17; 10:34; 12:34; 15:25; 18:31; 19:7). Contrary to Mrs. White’s allegedly inspired view of the passage, Revelation 14:12 is about New Testament commands and has absolutely nothing to do with the Ten Commandments in general or the Sabbath ordinance in particular.

¹⁰² Letter to Joseph Bates, April 7, 1847, Ellen White; see *Ellen G. White: Messenger to the Remnant*, Arthur L. White.

¹⁰³ Pg. 234, *Historical Sketches of the Foreign Missions of the Seventh-Day Adventists*, Ellen White.

¹⁰⁴ Pg. 232, *Testimony Treasures*, vol. 3, Ellen White.

¹⁰⁵ “God’s Holy Sabbath,” *Advent Review and Sabbath Herald*, 1897, Ellen White.

the promises of God, the church has preserved pure worship and practices, based only on the Bible (2 Tim 3:16-17; Deut 12:32), since Christ founded her, and her Savior will preserve her until He comes again (1 Cor 11:26). Consequently, Roman Catholic congregations cannot be Christ's true churches because they deny His gospel and are filled with all kinds of heresy; furthermore, no churches believed many of the doctrines of modern Roman Catholicism for centuries after the Lord Jesus started His church.¹⁰⁶ Protestant denominations cannot be Christ's true churches, because they teach unbiblical doctrines and did not exist for the first 75% of church history.¹⁰⁷ Seventh-Day Adventist congregations cannot be Christ's true churches because they deny the true gospel, are filled with many false doctrines, and did not exist for the first 90% of church history.

In contrast, Baptist churches have believed and practiced Biblical truth in its purity and have existed from the first century until today, preserved for 2,000 years by Jesus Christ, their Founder and Head. Known under different names through the centuries, martyred, tortured, and persecuted by Catholicism, Protestantism, and the other false religions of the world, Baptists have gone under different names through the centuries, such as Waldenses, Donatists, Cathari, and Anabaptists. Non-Baptist historians have admitted that the Baptists are not Protestants, but far predate the Reformation, having existed even from the times of the Apostles: "If the truth of religion were to be judged by the readiness and boldness of which a man of any sect shows in suffering, then the opinion and persuasion of no sect can be truer and surer than that of the Anabaptists since there have been none for these twelve hundred years past, that have been more generally punished" (Cardinal Hosius (Catholic, appointed president of the Council of Trent, A. D. 1560)).¹⁰⁸ "The true origin of that sect which acquired the name of Anabaptists, by their administering anew the rite of baptism to those who came over to their communion . . . is hid in the remote depths of antiquity, and is consequently extremely difficult to be ascertained" (Mosheim (Lutheran)).¹⁰⁹ "[The Baptists] descended from the tolerably pure evangelical Waldenses. . . . They were, therefore, in existence long before the Reformed Church . . . We have seen that the Baptists, who were formerly called Anabaptists . . . were the original Waldenses; and who have long in the history of the Church, received the honor of that origin. On this account the Baptists may be considered the only Christian community which has stood since the Apostles; and as a Christian society which has preserved pure the doctrine of the gospel through all ages" (Dr. J. J. Durmont & Dr. Ypeig (Reformed)).¹¹⁰ Concerning the pre-reformation Baptists known as the Waldenses, even Ellen White admitted: "In lands beyond the jurisdiction of Rome, there existed for many centuries

¹⁰⁶ See "Bible Truths for Catholic Friends," <https://faithsaves.net/catholic/>.

¹⁰⁷ See "Bible Truths for Lutheran Friends" and "The Truth of Salvation for Presbyterian and Reformed Friends" at <https://faithsaves.net/different-religions/>, and "Bible Study #7: The Church of Jesus Christ" at <https://faithsaves.net/Bible-studies/>.

¹⁰⁸ This Catholic cardinal, living at the time of the Reformation, admitted that the Baptists had existed since A. D. 360. Allowing them an origin any earlier would make his position very uncomfortable.

¹⁰⁹ *Institutes of Ecclesiastical History*, III. 200.

¹¹⁰ Ypeij en Dermout, *Geschiedenis der Nederlandsche Hervormde Kerk*. Breda, 1819. The three quotes above are reproduced from *History of Baptists*, J. T. Christian, vol. 1, chap. 7, <https://faithsaves.net/ecclesiology/>.

bodies of Christians who remained almost wholly free from papal corruption . . . they continued to regard the Bible as the only rule of faith . . . of those who resisted the encroachments of the papal power, the Waldenses stood foremost . . . Theirs was not a faith newly received. Their religious belief was their inheritance from their fathers. They contended for the faith of the apostolic church.”¹¹¹

¹¹¹ Pgs. 68-69, *The Spirit of Prophecy*, vol. 4, Ellen White. Mrs. White, however, also claims that the Waldenses were Saturday worshippers. This assertion, however, is simply false, and blatantly so—all objective historians recognize that they worshipped on the first day of the week, the Lord’s Day. Indeed, even SDA historians concede this fact. Dr. Samuele Bacchiocchi, Ph. D., late professor of church history and theology at the SDA Andrews University, who wrote his doctoral thesis on the history of Saturday and Sunday worship, admitted:

Did some of the Waldenses observe the Sabbath? I . . . search[ed] for an answer in the . . . scholarly volumes . . . published . . . [by] the official Italina Waldensian publishing house . . . regarded as the most comprehensive history of the Waldenses. To my regret, I found no allusion whatsoever to Sabbathkeeping among the Waldenses. . . . The same search for historical evidences of Sabbathkeeping among the Waldenses has been conducted by other Adventist scholars. . . . Unfortunately . . . no connection to Sabbathkeeping [has been found]. . . . [T]here are . . . inaccuracies in *The Great Controversy* that ought to be corrected. (*Endtime Issues*, 87, August 1, 2002)

In fact, historians recognize that “the Waldenses . . . observed no other day of rest than Sunday; whence they were named ‘Insabbathas,’ regards not of the Sabbaths.” (pg. 25, *History of the Ancient Christians Inhabiting the Valleys of the Alps*, J. P. Perrin). Hence, their enemies testified that the Waldensian belief was: “[W]e are to cease from working on no day except the Lord’s day [Sunday] (Æneas Sylvius, c. A. D. 1300, cited on pg. 241, *Some Remarks upon the Ecclesiastical History of the Ancient Churches of Piedmont*, P. Allix).

The Waldensians also believed in the conscious bliss of the saved and conscious torment of the lost, rejecting the SDA doctrine of “soul-sleep.” In the words of the Waldensian Confession of Faith, dated A. D. 1120: “[W]e believe that after this life, there are only two places, the one for the saved, and the other for the damned, the which two places we call paradise and hell” (Article IX, cited on pg. 378, *The Waldenses: Sketches of the Evangelical Christians of the Valleys of Piedmont*, A. W. Mitchell). The ancient enemies of the Waldenses recognized: “According to them, there is no purgatory, and all that die, immediately pass either into heaven or hell” (Reinerius, c. A. D. 1200). “The souls of the deceased are[,] [confess the Waldenses,] either immediately plunged into hell, or advanced to eternal joys” (Roman Inquisition, c. A. D. 1300; see pgs. 32, 45, *The History of the Christian Church, from the Birth of Christ to the Eighteenth Century, Including the Very Interesting Account of the Waldenses and Albigenses*, vol. 2, W. Jones).

The Waldenses rejected the SDA doctrine of salvation by works, professing instead the Baptist and Biblical doctrine of justification by grace alone through faith alone apart from works. In the words of the *Catechism of the Ancient Waldenses for the Instruction of their Youth, Composed in the 13th Century*: “[T]hat foundation . . . by the which every one may enter into life . . . [is] [t]he Lord Jesus Christ . . . By what means may a man come to this foundation? By faith, as saith St. Peter, 1 Pet. 2:6, ‘Behold, I lay in Sion a chief-corner stone, elect, precious, and he that believeth on him shall not be confounded.’ And the Lord saith, ‘He that believeth hath eternal life.’” The Waldensian Catechism goes on to affirm the eternal security of the believer based on his eternal election: “[A]ll the elect of God, from the beginning of the world to the end, by the grace of God through the merit of Christ, [are] gathered together by the Holy Spirit, and fore-ordained to eternal life” (cited from pgs. 379-381, *The Waldenses: Sketches of the Evangelical Christians of the Valleys of Piedmont*, A. W. Mitchell). The Waldenses still held the Baptist and rejected the SDA doctrine of sin and salvation a few centuries later when they confessed their belief in the total depravity of the sinner, in justification by grace alone through faith alone, totally apart from works, and in eternal security:

[A]ll the posterity of Adam is guilty of his disobedience, and infected by his corruption, and fallen into the same calamity with him, even the very infants from their mothers’ womb, whence is derived the word of original sin. . . . [T]he Lord having fully and absolutely reconciled us unto God, through the blood of his cross, by virtue of his merit only, and not of our works, we are thereby absolved and justified in his sight . . . his blood . . . cleanses us from all sin. . . . [W]e are united with Christ, and made partakers of all his benefits by faith, trusting and confiding wholly to those promises of life which are given us in the gospel. . . . [A]ll the elect are upheld and preserved by the power of God in such sort, that they all persevere in the faith unto the end. (pgs. 387-389, *ibid*)

Historians recognize that “the Waldensian formularies . . . hold . . . the doctrine of justification by the imputed righteousness of Christ alone . . . and of the final perseverance of the saints” (pg. 375, *ibid*). The Waldenses were Baptists, not Seventh-Day Adventists.

Seventh-Day Adventism rejects Christ's promise of church perpetuity by affirming that "Satan has taken full possession of the churches."¹¹² Christians who are not SDAs are "are worse than heathen . . . savages."¹¹³ The truth supposedly needed to be restored by the SDA movement in the 19th century. SDAs allegorize and misinterpret the book of Revelation to conclude that the first and second angelic messages of Revelation 14 were being fulfilled in 1844,¹¹⁴ and now in the SDA movement the truth was "restored to the last true church," with the "seal of God" of the Sabbath and the "second distinguishing mark" of "the Spirit of Prophecy"¹¹⁵ in Mrs. White's writings.

Dear Seventh-Day Adventist friend, have you received the gospel? Now is the time for you to receive salvation through the Lord Jesus Christ. This very moment you must turn from your sin and trust in Jesus Christ alone. He will save you and give you eternal life. You

¹¹² Pg. 189, *Spiritual Gifts*, vol. 1, Ellen White.

¹¹³ Pg. 334, *Manuscript Releases*, vol. 17. Mrs. White also advocated that SDAs conceal their view that Christians are worse than pagan savages: "[W]e consider them heathen. In truth they are worse than heathen, but this we are not to tell them," because it would "close up the way before us" and make people less likely to convert to the SDA denomination. Contrast 2 Cor 4:2.

¹¹⁴ Nobody who simply read Revelation 14:6-12 would conclude that the passage speaks of events in the 1840s in the eastern United States. They verses clearly concern actual messages given by literal heavenly angels. However, Mrs. White and the SDA movement allegorize an "angel fly[ing] in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people" to not really be about a heavenly angel flying with a message for every nation, kindred, tongue, and people, but about William Miller and his 1844 predictions of the end of the world that far less than 1% of the world ever heard about, and which reached practically none of the nations, kindreds, tongues, and people of the world. For that matter, the SDA movement only arrives at its crucial 1844 date by allegorizing and misinterpreting Daniel 8:14. The prophet Daniel predicted the "two thousand and three hundred days" between the time that the Jewish High Priest Onias I was murdered and a false line of priests assumed power in 171 B. C., events that culminated in the desecration of the Jewish Temple in Jerusalem, and the death, 2,300 literal days later, of Antiochus Epiphanes in 164 B. C. However, the SDA movement claims that the "days" are not really days but are years, a period of years which ended on "the great Day of Atonement . . . in the year 1844 . . . upon the twenty-second of October" (Pg. 400, *The Great Controversy*, Ellen White), even though the Day of Atonement in 1844 was not even on October 22 but was on September 23 (cf. pg. 25, *A Jewish Calendar for sixty-for Years, detailing the new moons, festivals, and fasts . . . together with the corresponding Christian Dates*, 1838). SDAs also deny the plain meaning of Daniel 8:14 by claiming that the verse is not about the Jewish Temple in Jerusalem but is an allegory concerning events in Christianity.

Contrary to such allegorical ideas, Biblical prophecies are always fulfilled literally. The Bible predicted Christ would be born in Bethlehem, and He was born in the literal city of Bethlehem (Mic 5:2; Lu 2:4-7). The Bible predicted Christ's virgin birth, and He was born of a literal virgin (Is 7:14; Mt 1:23). The Bible predicted the Messiah would enter Jerusalem sitting on a donkey, and Christ entered Jerusalem sitting on a literal donkey (Zech 9:9; Mr 11:7-11). The Bible predicted that Cyrus, the Persian king, would let Israel return from exile and rebuild Jerusalem, and that is literally and exactly what happened (Is 44:28; Ezr 1:1ff.). The Bible predicted that Jericho would be rebuilt by a man who would have his eldest son die when reconstruction began and his youngest son die when the work reached completion, and that is exactly what happened (Jos 6:26; I Ki 16:33-34). About 2,000 Biblical prophecies have been fulfilled literally in this way. There is no reason to allegorize predictions about the future in the book of Revelation and make them "predict" something other than what they actually say. Biblical prophecies that have already taken place have been fulfilled literally, and those about the future will also be fulfilled literally. The allegorical, non-literal method of "interpreting" Bible prophecy practiced in the SDA denomination has not come from the Word of God, but from the interpretive system of Roman Catholicism. Sadly, the SDA denomination must maintain it, despite its destruction of the actually predictive character of prophecy, because of the "inspired" statements of Ellen White.

¹¹⁵ Pg. 222, *The Story of the Seer of Patmos*, Ellen White.

can know you are saved from your sins and from damnation; you can have genuine communion with the living God and a truly holy life based on grace and love, not legalism and self-effort; and you can know God will keep you saved so that you will be certain of a blessed eternity in heaven, not eternal torment in the lake of fire. “[B]ehold, now is the accepted time; behold, now is the day of salvation” (2 Cor 6:2). Nothing could be more important: “For what shall it profit a man, if he shall gain the whole world, and lose his own soul?” (Mr 8:36). Trust Christ immediately!

God also calls on you to separate from the false religion of Seventh-Day Adventism and unite yourself to a true church of Christ (Heb 10:25). Joining a true church will not save you from any sin—“the blood of Jesus Christ his Son cleanseth us from all sin” (1 Jn 1:7)—but God also calls His people to be true worshippers (Jn 4:23), and they obey because they love Him (Jn 14:15; 1 Cor 16:22). The Lord commands you to separate from all false religion: “Have no fellowship with the unfruitful works of darkness, but rather reprove them” (Eph 5:11). “Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you, and will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty” (2 Cor 6:17-18). Today is the day to separate from Seventh-Day Adventism and to begin to worship God in Biblical purity.

For more information, including evidence that the Bible is the Word of God, or for a free home Bible study, available in person or by mail, that explains more about salvation and other Biblical truths, visit, call, or write to:

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